

# Try This Dish At Your Next Tailgate Party

Over the years, football has gradually overcome baseball as America's most-watched sport.

Though baseball is still known as "America's pastime," football has become an integral part of many a family's fall and winter weekends.

Be it high school football under the lights on Friday nights or Saturday afternoons spent watching the alma mater take on a rival college or Sundays spent watching game after game after game, football is arguably the country's sport of choice for the 21st Century.

Perhaps more synonymous with football than even the pigskin itself is tailgating.

Fans attending games love gathering in the parking lot both before and after the big game and sharing good food.

Even if you're not heading to the nearest stadium, football parties have become increasingly popular over the years, with food playing a big part in that popularity.

Sports fan and award-winning food writer Debbie Moose is no stranger to this trend, as her new book "Fan Fare" (Harvard Common Press) offers both classic and innovative recipes for sport-

ing cuisine, such as the following recipe for "Carolina Champions Shrimp Bowl."

## Carolina Champions Shrimp Bowl

Serves 6

- 3 lemons, each cut in half
- 1 package crab boil-in-a-bag
- 2 pounds small red or new potatoes, unpeeled
- 1 medium-size yellow onion
- 3 large cloves garlic, crushed
- 3 tablespoons Old Bay seasoning
- 2 teaspoons hot pepper sauce
- 3 large or 4 small ears fresh corn, shucked and cleaned
- 1 1/2 pounds medium-size shrimp

melted butter, seafood cocktail sauce

1. Add the lemon halves and crab boil-in-a-bag to a large pot of water and bring to a boil.

The pot needs to be big enough to hold all the ingredients, which you will add in stages; don't overfill with water.

2. Cut the potatoes into quarters, making sure the pieces are roughly the same size. Cut the onion into quarters.

3. When the water comes to a boil, add the potatoes, onion, garlic, Old Bay, and hot pepper sauce.

Cover, reduce the heat to medium, and simmer for about 10 minutes, or until a knife easily pierces the potatoes.

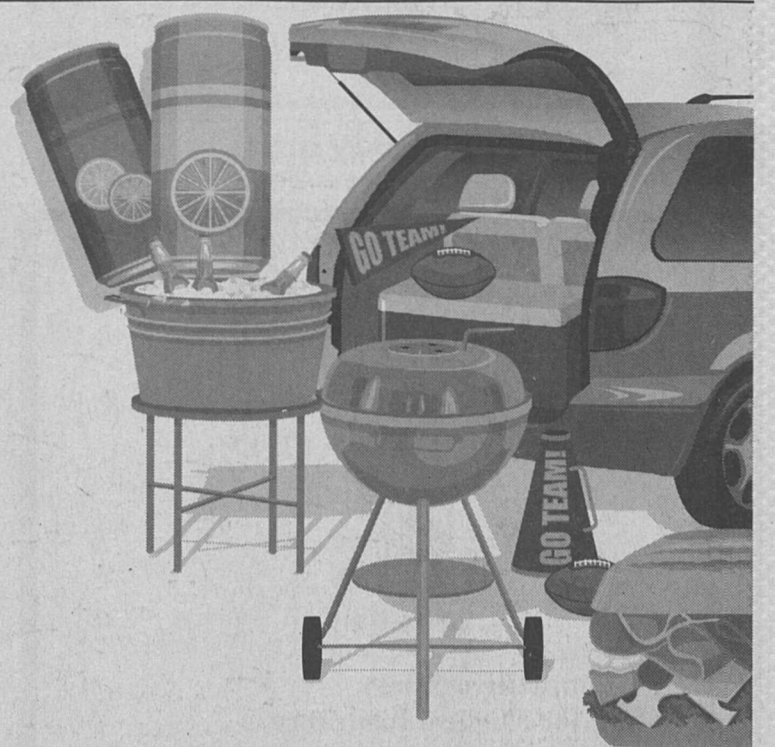
4. Break the ears of corn into pieces about 3 inches long.

Add the corn to the pot, return to a boil, and cook, uncovered, for about 1 minute. Add the shrimp and stir.

Cook for 1 to 2 minutes, or until the shrimp turn pink and are cooked through; be careful not to overcook.

5. Drain immediately in a large strainer. Discard the crab boil bag and lemon halves, and pour everything into a large serving bowl.

Serve hot or warm, with melted butter, seafood cocktail sauce and lemon wedges, if desired.



## Freshmen Lady Raiders Results

The Freshmen Lady Raiders stand at 5-2 before going into district play. They opened play against Boling and won the match in 3. 25-14, 22-25, 15-11. Then they faced a tough La Grange team that brought them their first loss of the season 14-25, 17-25. The girls traveled to West Columbia and beat them in two. 25-15, 25-22. The freshmen girls hung tough and beat Brazosport 25-22, 25-19.

This past Saturday the girls played in the Annual Freshmen Shulenburg Tournament and came home with a 3rd place trophy. The girls beat Sacred Heart 25-18, 25-18. They then faced Hallettsville and lost 16-25, 12-25. That put the girls playing for third place against Schulenburg. The girls played hard and came out on top 25-20, 24-14.

## JV Raiders Scrimmage Columbus

Thursday evening, August 23, the Rice JV football team traveled to Columbus to scrimmage the Cardinals. This would be Rice's second and final scrimmage before the regular season starts.

Rice started on defense for the first segment of the scrimmage consisting of 15 plays for both teams offensively and defensively.

The Cardinals offense came out fired up and ready to play and came away with two scores and four first downs their turn on offense.

Rice then took their turn on offense. The Raiders were sluggish and were only able to get one first down during this part of the scrimmage. Rice came out and picked up the pace for the rest of the scrimmage.

The Cardinals again started on offense but the Raiders only allowed them one first down and no scores.

Then the Raiders offense came onto the field for their turn. During their second offensive segment the Raiders managed to get three first downs and one score. The score came on a running play with Terrance Shorter carrying the ball up the middle from inside the five-yard line.

The two teams both were given one more chance on offense. The Cardinals were not able to score this time but did manage to get three more first downs. The Cardinals also gave up one interception to Ryan Moore, which ended their time on offense.

The Raider offense then came onto the field and managed to get several more first downs and Terrance Shorter scored one more.

This ended the scrimmage with both teams scoring twice.

## NEWSBRIEFS

Continued from front page

### Co-ed softball registration underway

Power Unlimited's co-ed registration is currently underway. The first co-ed game is scheduled for Sunday, Sept. 9. Call for your registration packet today at 979-758-2244.

### Library seeking nominations

The Wintermann Library Board of Directors is taking nominations for the Eula and David Wintermann Wall of Honor. Nominees should be those who have taken part in the accomplishments and/or support of the library. The inductee this year will be presented at the Study Club Auction on Sept. 22. If you are interested in nominating someone, stop by the library and pick up an application. Nominations must be made before Sept. 11.

### Project Graduation meeting Sept. 11

Rice Project Graduation will hold its first meeting on Tuesday, September 11 at 6:30 p.m. at the Rice High School Commons. Seniors and parents are encouraged to come. Board members will be elected. If you should have any questions, please call Missy Jurica at 758-2213.

### Study Club to hold meeting Sept. 12

The Eagle Lake Study Club will begin the 2007 with the theme, "The People I Wish I had Known". The monthly meeting will be held Wednesday, September 12 at 2 p.m. at the Wintermann Library. Mrs. Anna Lee Higgins will present the program on the 135 year anniversary of the congregation of the United Methodist Church of Eagle Lake.

### Entries needed for fair parade

The Colorado County Fair parade Committee is seeking entries for this year's fair parade. The parade is scheduled for 10 a.m. Saturday, Sept. 15 in downtown Columbus. You can pick up entry forms at the Columbus Convention & Visitors Bureau and at Potter's Western Store. For more information call Kim Dyer at 979-732-8385 or Melissa Kilpatrick at 732-8781.

### Chamber dinner is Sept. 22

The Eagle Lake Chamber of Commerce will hold their annual dinner in conjunction with the Eagle Lake Study Club Auction on Saturday, Sept. 22 at the Community Center. The meal will consist of fried chicken with two sides. Serving will be from 5 to 7 p.m. Drive thru or dine at the Community Center. For advance tickets call any chamber member or pageant winner.

### Study Club to hold auction Sept. 22

The Eagle Lake Study Club annual auction has been scheduled for Saturday, September 22 at the Eagle Lake Community Center. Silent auction from 5 p.m. until 6:45 p.m. and the main auction from 7 p.m. until all items are sold. All proceeds are for the support of the Wintermann Library.

### Duplantis to visit AACC in Sealy

Dr. Jesse Duplantis from New Orleans, Louisiana will be speaking Thursday, Sept. 27 at 7:30 p.m. at the All Around Cowboy Church (AACC) in Sealy. If inclement weather, the meeting will be moved to the Women's Pavilion at the Austin County Fairgrounds in Bellville. For more information, call 979-885-1155 or 979-885-2799. If you have any questions, please call Patty Leger or Gloria at 979-885-1155 or email me at pattyleger2003@yahoo.com.

### Multi-Year reunion planned

Rice High School Classes of 1976-81 are planning a reunion to be held in Eagle Lake on Saturday, October 27, beginning at 3 p.m. Information letters will be going out soon to those whose addresses we have. If you do not receive a letter but would like to participate, contact Gayelynn Thomas 979-234-5693 or gayelynnthomas@sbcglobal.net or Lisa Hoffman 979-758-3933 or thierry@elc.net for more information. Also, we'd like to hear from any graduates of RHS Classes of 1971-75, 82 and 83 who would like to be a part of this event.

### BRUSHING BATTLES

**My 1-year-old won't let me near her with a toothbrush. I know I should be brushing her teeth and gums, but how?**

Forcing the issue is likely to backfire. The best approach is to take it slow. Start by cuddling your child in your lap. Sing or talk to her, and when she seems content, make a game of putting your clean finger up to her lips, after a couple of days, change the game by rubbing and massaging her teeth and gums with your finger. Move on to using a wet washcloth.

In a few months, when she's gotten used to this routine (and has more teeth), you can introduce a baby toothbrush again. Older toddlers love imitating Mom and Dad, so let your child "brush" your teeth with your brush before you clean hers with the baby toothbrush. Toothpaste isn't necessary, and children don't know how to spit it out until age 2 or 3. Then, use only a pea-size amount; swallowing too much fluoride can lead to fluorosis, which causes teeth to become discolored and mottled.

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## Area Kids Place At State Swim

Three local swimmers from the El Campo Swim Team placed at the TAAF State Games held in July. Hillary Johnson won first in the 50 Butterfly and third in the 50 Breaststroke in the 15-17 year old division.

Blythe Nava won first in the 200 Freestyle Relay, second in the 100 Freestyle and second in the 50 Freestyle in the 13-14 year old division.

Jill Nava won eighth in the 100 Medley Relay in the 8 and under division.

Congratulations to the girls for an outstanding season.

### Immaculate Conception Catholic Church

### Bazaar & Homecoming

September 2, 2007

Knights of Columbus Hall, Sealy

1390 Hwy. 90 West

BBQ Lunch Starts At 10:30 a.m.

Beef • Pork • Sausage • Chicken

All The Trimmings

Buy Plates To-Go • Meat By The Pound Available

Mexican Food Available Also

Ray Krenek on Dulcimer Inside

From 11 a.m. to 1 p.m.

Auction Will Start At 1 p.m.

Antiques • Quilts • Baked Goods

Other Great Items

Krenek's and The Texas Sound Will Provide Entertainment Outside Before and After Auction

Other Entertainment including:

Rock Climbing Wall • Moon Walk • Petting Zoo

Various Other Kiddie Rides and Games

Plant Stand • Country Store • Grocery Stand

Fruit Cocktail Stand • Snow Cone and Ice

Cream Pops • Cake Walk

15-Item Drawing at End of Festivities

## Lavaca Medical Center Health & Wellness Center



### Memberships Now Available!

Membership Rates		
Membership Type	Monthly Fee	Description
Individual Adult	\$47.00	Age 25 +
Family	\$70.00	2 adults + Children 16 & over
Single Parent	\$60.00	1 adults + Children 16 & over
Senior	\$35.00	Age 65 & over
Senior Couple	\$55.00	One Individual Age 65 & over
Young Adult	\$40.00	Age 16-25
***Corporate discounts available		

Hours of Operation		
Monday	5:30 a.m.	8:00 p.m.
Tuesday	5:30 a.m.	8:00 p.m.
Wednesday	5:30 a.m.	8:00 p.m.
Thursday	5:30 a.m.	8:00 p.m.
Friday	5:30 a.m.	6:00 p.m.
Saturday	8:00 a.m.	12:00 noon
Sunday	Closed	Closed

## Fitness

For more information:  
361-575-0511

Join our radio talk show on Texas Thunder Radio 92.5 \*96.1 \* 97.7 \* 99.9 \*104.7 Thursday, September 6, 2007 at 1:30 p.m.

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